



Nirdhar Sevabhavi Sanstha

Pune

Office Address- Shop No.10 Kudale Patil Plaza, Dhayri phata, Pune

Annual Report 2024–25



About the Organization

Nirdhar Sevabhavi Sanstha-2019 Pune's urban landscape, particularly in areas like Nare, Dhayari, and Ambegaon, is home to a significant migrant population. These individuals and families have fled drought-prone regions of Maharashtra in search of livelihood opportunities, only to face new challenges in the city. With limited affordable housing options, many are forced to reside in slums, where basic amenities are scarce. Every day, they struggle to make ends meet, juggling rent, daily expenses, and survival on meager incomes earned through hard labor. This harsh reality underscores the need for support and intervention to improve their living conditions and prospects.

Vision

Aims to create a balanced and strong society where every person has equal opportunities and rights to development.

Mission

Empower the Women, Children and Society.

Organization objective

1. Provide comprehensive training in tailoring and garment-making to enhance women's skills and employability.
2. Enable women to start their own tailoring businesses or work as skilled laborers, increasing their income and financial independence.
3. Foster women's participation in society, promote their self-confidence, and enhance their decision-making abilities.
4. Improve overall well-being and mental health.

Key Thematic Areas & Activities

1. Education

Education is the foundation of empowerment. During 2024-25, we supported school children and families through the following interventions:



- **School Material Kit Distribution:** Provided notebooks, stationery, and school bags to underprivileged children to reduce dropout rates.
- **Independence Day Celebration (15th August):** Organized cultural and educational programs involving children, parents, and community members to promote national values.



- **PTA Awareness Programs:** Conducted awareness sessions for parents, Parent-Teacher Associations (PTA) on the importance of education and child rights.
- **Exposure Visits:** Arranged educational visits for students to **gardens, parks, and key locations in Pune city** to enhance experiential learning beyond classrooms.

2. Women Empowerment & Skill Program

Empowering women with skills and confidence is central to our mission. Activities conducted:

1. Tailoring Training Program

Tailoring is one of the most effective vocational skills for women from low-income families, enabling them to achieve financial independence and contribute to household income. Nirdhar Sevabhavi Sanstha, Pune, organized tailoring training courses in Narhe and Ambegaon areas to provide practical skill development opportunities to women who aspire to pursue self-employment or small business ventures in tailoring and garment-making.

Objectives

1. To equip women with basic and advanced tailoring skills.
2. To create avenues for income generation and employment.
3. To boost women's confidence and encourage entrepreneurship.



4. To promote self-reliance and empowerment in urban poor communities.

Activity Details

- Program Type: Vocational Tailoring Training
- Location: Narhe and Ambegaon, Pune
- Target Group: Women and adolescent girls from economically weaker backgrounds
- Duration: XX months (mention exact if available)
- Trainer(s): Professional tailoring instructors with practical experience
- Batch Size: XX women per batch

Training Modules Covered

1. Basics of Tailoring – Introduction to sewing machines, cutting, and stitching.
2. Garment Making – Blouse, frock, salwar-kameez, petticoat, children's wear, etc.
3. Pattern Making & Measurement – Techniques for accuracy and fitting.
4. Finishing & Designing – Adding decorative elements, embroidery, and alterations.
5. Entrepreneurship & Marketing Guidance –
 - Starting a home-based tailoring unit.
 - Pricing garments and managing orders.
 - Linking with boutiques, tailoring shops, and local markets.

Outcomes / Impact

- No. of Beneficiaries: 400 women successfully trained.
- Many participants began home-based tailoring services within the community.
- Improved household income and financial contribution by trained women.
- Development of entrepreneurial mindset among women for boutique and tailoring business.
- Increased demand from women for advanced tailoring courses.

Feedback from Participants



- *“I have started stitching blouses and frocks for neighbors, which gives me extra income for my family.”* - Participant from Narhe.
- *“This training motivated me to think about opening my own tailoring shop in the future.”*
- Trainee from Ambegaon.

Conclusion & Way Forward

The tailoring training initiative provided women with a practical and sustainable livelihood skill. It not only built their confidence but also opened doors for self-employment and income generation. Going forward, Nirdhar Sevabhavi Sanstha plans to:

- Provide advanced tailoring and boutique management courses.
- Distribute sewing machines and raw material support through CSR partners.
- Create SHG-led tailoring units to fulfill bulk orders from schools, shops, and local markets.

2. Embroidery Training Program

Economic independence is a vital step towards women’s empowerment. Many women from Narhe–Ambegaon and nearby communities lack formal education but possess an interest in learning creative skills. To address this, Nirdhar Sevabhavi Sanstha organized specialized embroidery training sessions to equip women with marketable skills, enabling them to pursue self-employment and entrepreneurship.

Objectives

1. To provide practical training in hand embroidery and machine embroidery techniques.
2. To enhance women’s opportunities for income generation and reduce financial dependency.
3. To encourage women to explore self-employment and small business opportunities.
4. To build confidence and promote social and economic empowerment.



Activity Details

- Program Type: Embroidery Skill Development Training



- Location: Narhe–Ambegaon, Pune
- Target Group: Women and adolescent girls from low-income households
- Duration: 5 weeks (mention exact duration if available)
- Trainer(s): Skilled embroidery instructors facilitated practical sessions
- Batch Size: 40 women per batch

Training Modules Covered

1. Basics of Embroidery: Different stitches (chain stitch, satin stitch, cross-stitch, mirror work, etc.).
2. Fabric Selection & Design: Knowledge about fabrics, thread types, and design preparation.
3. Advanced Techniques: Machine embroidery and decorative work.
4. Practical Application: Hands-on practice on dupattas, saree borders, blouses, and dress materials.
5. Entrepreneurship Guidance:
 - How to start small home-based embroidery work.
 - Linking with tailoring and garment businesses.
 - Market opportunities and pricing of embroidered products.



Outcomes / Impact

- No. of Beneficiaries: 400 women successfully trained.
- Women gained confidence and practical embroidery skills.
- Several participants started earning through home-based embroidery work.
- Increased awareness of entrepreneurship opportunities in tailoring and boutique businesses.
- Formation of informal self-help groups (SHGs) exploring joint embroidery work orders.



Feedback from Participants

- “I never thought I could earn by doing embroidery. Now I take small orders from neighbors.” – Ms.Bhagyashree Kedare from Narhe.
- “This training gave me a new skill. I want to open a small boutique with my friends.” – Ms.Priyanka Udawant from Ambegaon.

Conclusion & Way Forward

The embroidery training program not only enhanced the creative skills of women but also gave them confidence to generate income. Going forward, Nirdhar Sevabhavi Sanstha plans to:

- Conduct advanced embroidery training batches.
- Provide sewing machines and raw materials support through CSR/partner linkages.
- Establish a market linkage program to connect trained women with local garment shops and online platforms.

3. Health Initiatives

Improving community health, especially for women and children, remained a priority.

1.Sanitary Pad Distribution Program

Introduction



Menstrual hygiene remains a critical issue for adolescent girls and women from marginalized communities due to lack of awareness, affordability, and stigma. Recognizing this, Nirdhar Sevabhavi Sanstha organized Sanitary Pad Distribution Programs to promote health, hygiene, and dignity among women and adolescent girls in Narhe–Ambegaon and nearby areas.

Objectives

- To promote menstrual hygiene management (MHM) among adolescent girls and women.
- To reduce health risks and infections caused by unsafe menstrual practices.
- To break taboos and stigma associated with menstruation through awareness sessions.
- To ensure easy access to affordable sanitary pads in the community.



Activity Details

- Program Type: Sanitary Pad Distribution & Awareness Sessions
- Location: Narhe–Ambegaon, Pune
- Target Group: Adolescent girls (13–19 years) and women (20–45 years) from low-income households
- Date(s): Multiple sessions conducted across the year (mention exact months if available)
- Partners/Supporters: Local volunteers, health workers, and community leaders
- Key Activities Conducted
- Awareness Session:
 - Explained importance of menstrual hygiene.
 - Demonstrated safe usage and disposal of sanitary pads.
 - Cleared myths and misconceptions around menstruation.
- Distribution of Sanitary Pads:



- Distributed eco-friendly sanitary pads to participants.
- Ensured each beneficiary received sufficient quantity for at least 2–3 cycles.
- Health Counseling:
 - Conducted one-to-one counseling with women facing menstrual health issues.
 - Referred cases requiring medical attention to Nawale Hospital.
- **Outcomes / Impact**
 - No. of Beneficiaries: 1000 adolescent girls and women reached.
 - Sanitary Pads Distributed: 1000 units.
 - Improved awareness about menstrual hygiene among participants.
 - Reduction in hesitation and increased confidence to discuss menstrual health openly.
 - Community women expressed demand for regular supply at affordable rates.

Feedback from Participants

- “Earlier we used cloth, but now we understand the importance of using pads for hygiene and health.” -A participant from Narhe.
- “This program helped us to speak openly about menstruation without shame.” - A teenage girl from Ambegaon.

Conclusion & Way Forward

- The sanitary pad distribution program created awareness, ensured access to hygienic products, and addressed stigma associated with menstruation. Going forward, Nirdhar Sevabhavi Sanstha plans to:
 - Conduct monthly awareness sessions in different communities.
 - Establish a low-cost sanitary pad distribution center.
 - Train local women groups to make eco-friendly reusable pads, linking it with women empowerment and livelihood initiatives.

2. General Health Check-up Camp

Introduction



Access to timely health care remains a challenge for many underprivileged families due to financial constraints and lack of awareness. To address this gap, Nirdhar Sevabhavi Sanstha organized a General Health Check-up Camp in collaboration with Nawale Hospital, providing preventive and curative health services to community members in Narhe–Ambegaon and nearby areas.

Objectives

1. To provide free and accessible health check-up services for community members.
2. To increase awareness about preventive health care and hygiene practices.
3. To identify common health issues and provide timely referrals to hospitals.
4. To encourage families to adopt a healthy lifestyle and regular check-ups.

Activity Details

- Program Type: General Health Check-up Camp
- Location: Narhe–Ambegaon, Pune
- Date: [Insert date(s)]
- Partner Hospital: Nawale Hospital
- Target Group: Men, women, children, and elderly from low-income households
- Medical Team: Doctors, nurses, and paramedical staff from Nawale Hospital

Services Provided

1. Basic Check-ups – Height, weight, blood pressure, pulse, BMI.
2. Medical Examinations – General physical examination, consultation with doctors.
3. Diagnostic Tests – Random blood sugar test, hemoglobin test, urine test (where required).
4. Women’s Health & Hygiene – Counseling on menstrual health, nutrition, and maternal care.
5. Health Awareness Session – Importance of balanced diet, exercise, vaccination, and regular check-ups.
6. Referral Services – Patients with serious conditions referred to Nawale Hospital for further treatment.

Outcomes / Impact



- Total Beneficiaries: XXX community members (men – XX, women – XX, children – XX).
- Common Health Issues Identified: Anemia, hypertension, diabetes, malnutrition, seasonal infections.
- Referrals: XX patients referred to Nawale Hospital for advanced treatment.
- Improved health awareness among participants on lifestyle diseases and preventive care.

Feedback from Participants

- *“I had never gone for a medical check-up before. This camp helped me know I have high BP and need treatment.”* – Participant from Ambegaon.
- *“The doctors explained about nutrition and hygiene in simple words, which was very useful for our families.”* – Woman participant from Narhe.

Conclusion & Way Forward

The General Health Check-up Camp successfully provided accessible, affordable, and quality health care to marginalized communities. It helped identify hidden health issues, created awareness on preventive measures, and connected families with professional medical services.

Going forward, Nirdhar Sevabhavi Sanstha plans to:

- Organize quarterly health check-up camps in collaboration with local hospitals.
- Conduct specialized camps focusing on women’s health, child nutrition, and senior citizen care.
- Link communities with affordable medical insurance schemes and government health programs.

4. Youth Skills Development & Livelihood

Equipping youth with employable skills for a sustainable livelihood:

1. Computer Training Course

In today’s digital age, computer literacy is a **basic requirement** for education, employment, and career growth. Many youth from low-income communities lack access to formal computer education, limiting their opportunities. To bridge this gap, Nirdhar Sevabhavi Sanstha initiated a **Computer Training Course** aimed at equipping youth with essential digital skills, thereby enhancing their employability and opening new career pathways.



Objectives

- To provide **basic and advanced computer training** to underprivileged youth.
- To improve access to **employment and higher education opportunities** through digital literacy.
- To develop confidence in using technology for **communication, learning, and career growth**.
- To link trained youth with **skill development programs, internships, and jobs**.

Activity Details



- Program Type: Digital Literacy & Computer Training
- Location: Narhe–Ambegaon, Pune
- Target Group: Youth (15–25 years) from economically weaker sections
- Duration: 350 months (mention exact if available)
- Trainer(s): Qualified computer instructors

- Batch Size: 50 youth per batch

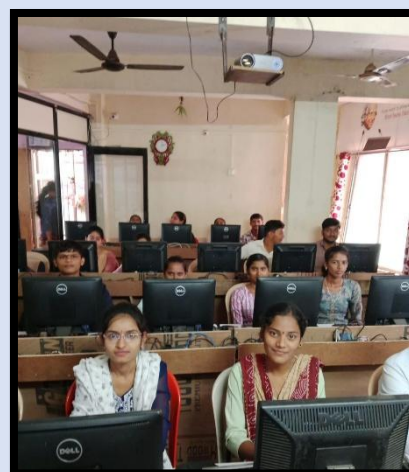
Training Modules Covered

- Basic Computer Knowledge – Parts of computer, typing skills, MS Windows.
- MS Office Suite – Word, Excel, PowerPoint, data handling.
- Internet & Email – Browsing, online forms, email communication.
- Digital Skills for Jobs – Resume writing, online job search, MS Excel for business use.
- Soft Skills – Communication, teamwork, and presentation using digital tools.



Outcomes / Impact

- No. of Beneficiaries: 50 youth successfully trained.
- Improved confidence in digital literacy among participants.
- Many youth began using computers for online applications, education, and freelance work.
- Some participants secured entry-level jobs in offices, retail, and service sectors.
- A few trainees expressed interest in advanced IT courses (Tally, Graphic Design, Web Development, etc.).



Feedback from Participants

- “I used to fear using computers, but now I can type documents and make PowerPoint presentations easily.” - Student from Narhe.
- “This training gave me confidence to apply for jobs that require basic computer knowledge.” - Participant from Ambegaon.



Conclusion & Way Forward

- The Computer Training Course has been a stepping stone for digital empowerment of youth in Narhe-Ambegaon. It not only improved their technical knowledge but also increased their career prospects.
- Going forward, Nirdhar Sevabhavi Sanstha plans to:
 - Introduce advanced computer skill courses (Tally ERP, Graphic Design, Web Development).
- Partner with local companies and placement agencies for job linkages.
- Provide certifications to enhance credibility and job opportunities for trainees.

2. Nursing & DMLT Training Program



The healthcare sector offers vast opportunities for youth employment, but many young people from marginalized communities are unable to pursue professional courses due to lack of resources and guidance. To bridge this gap, Nirdhar Sevabhavi Sanstha supported youth in undertaking **Nursing and Diploma in Medical Laboratory Technology (DMLT) courses**, building a trained workforce ready to serve in hospitals, diagnostic labs, and healthcare facilities.

Objectives

1. To provide youth with professional healthcare training through Nursing and DMLT courses.
2. To enhance employment opportunities in hospitals, clinics, and laboratories.
3. To address the growing demand for skilled healthcare professionals.
4. To empower youth with sustainable livelihood options in the healthcare sector.



Activity Details

- **Program Type:** Nursing & DMLT Training Support
- **Location:** Pune (training institutes/centers)
- **Target Group:** Youth (18–25 years) from underprivileged backgrounds
- **Duration:** Nursing - 12 months | DMLT – 12 months
- **Partner Institutes:** Local Nursing colleges and DMLT training centers
- **Support Provided:** Financial assistance for fees, learning material, career guidance, exposure visits

Training Components

Nursing Course

- Basics of patient care, first aid, and hygiene
- Ward management, maternal & child care
- Clinical exposure in hospitals
- Practical training in patient handling and nursing ethics



DMLT Course

- Laboratory techniques and equipment handling
- Blood, urine, and diagnostic sample testing
- Infection control and safety procedures
- Practical lab work and hospital internships

Outcomes / Impact

- **No. of Beneficiaries:** 75 youth supported (Nursing – 40 | DMLT – 35).
- Youth gained **professional healthcare qualifications**.
- Some participants secured internships or placements in **hospitals, clinics, and diagnostic labs**.
- Increased awareness among youth about **career opportunities in the healthcare sector**.
- Improved community confidence as local youth trained as **healthcare professionals**.

Feedback from Participants

- “Because of this support, I was able to complete my DMLT course and now I work at a pathology lab.” – Beneficiary from Narhe.
- “Nursing training gave me skills and confidence. I have started working as a trainee nurse in a private hospital.” – Youth participant from Ambegaon.

The Nursing and DMLT program created a pathway for youth from low-income backgrounds to enter the healthcare sector, which ensures both livelihood security and service to society.

Going forward, Nirdhar Sevabhavi Sanstha plans to:

- Increase number of youth supported in Nursing and allied medical courses.
- Partner with hospitals and diagnostic labs for structured internships and placements.
- Explore scholarship and CSR linkages for advanced healthcare education.

Impact at a Glance

- Education kits distributed: 250 children
- Exposure visits organized: 200 students
- Parents/PTA/SMC members sensitized: 100 participants



- Women trained in tailoring & embroidery: 400 women
- Sanitary pads distributed: 1000 units, 100 beneficiaries
- Health camp beneficiaries: 100 community members
- Youth trained in computer courses: 400 youth
- Nursing/DMLT students supported: 75 youth

Conclusion

In 2024-25, Nirdhar Sevabhavi Sanstha, Pune continued its commitment to empowering marginalized communities through education, health, women's empowerment, and livelihood programs. We thank all our supporters, partners, and volunteers for their invaluable contribution. Together, we are creating pathways of **dignity, opportunity, and hope.**